



Christian Counseling Center of Cumberland County

2024 Annual Report

Remarks from the Executive Director

- 2024 was a year of C5 operating on faith as the percentage of clients presenting with incomes at or below \$35,000 increased to 209, or 71% of our agency. This is the highest number and percentage of low-income clients C5 has served across the 22-year history of the agency. Funding did not extend to this number of low-income clients, and the Board approved using our agency Reserve funding to meet this need. Fundraising efforts were also increased to maximize the impact on agency reserves.
- Private donors and Supporting Churches made the ministry to C5 possible this year. The Board of Directors and staff are grateful to the faithful donors and supporters!
- C5 has continued to take clients through insurance with one fully licensed Clinician. The goal for 2025 is to increase the number of Clinicians licensed and able to serve clients through insurance. This will support the bottom line and allow C5 to provide services to more clients who are low income.
- In 2024 C5 served 294 clients with 2337 active hours of service provided. Thank –you for your on-going support!



2024 STATISTICS



2024 Clients Seen: 294



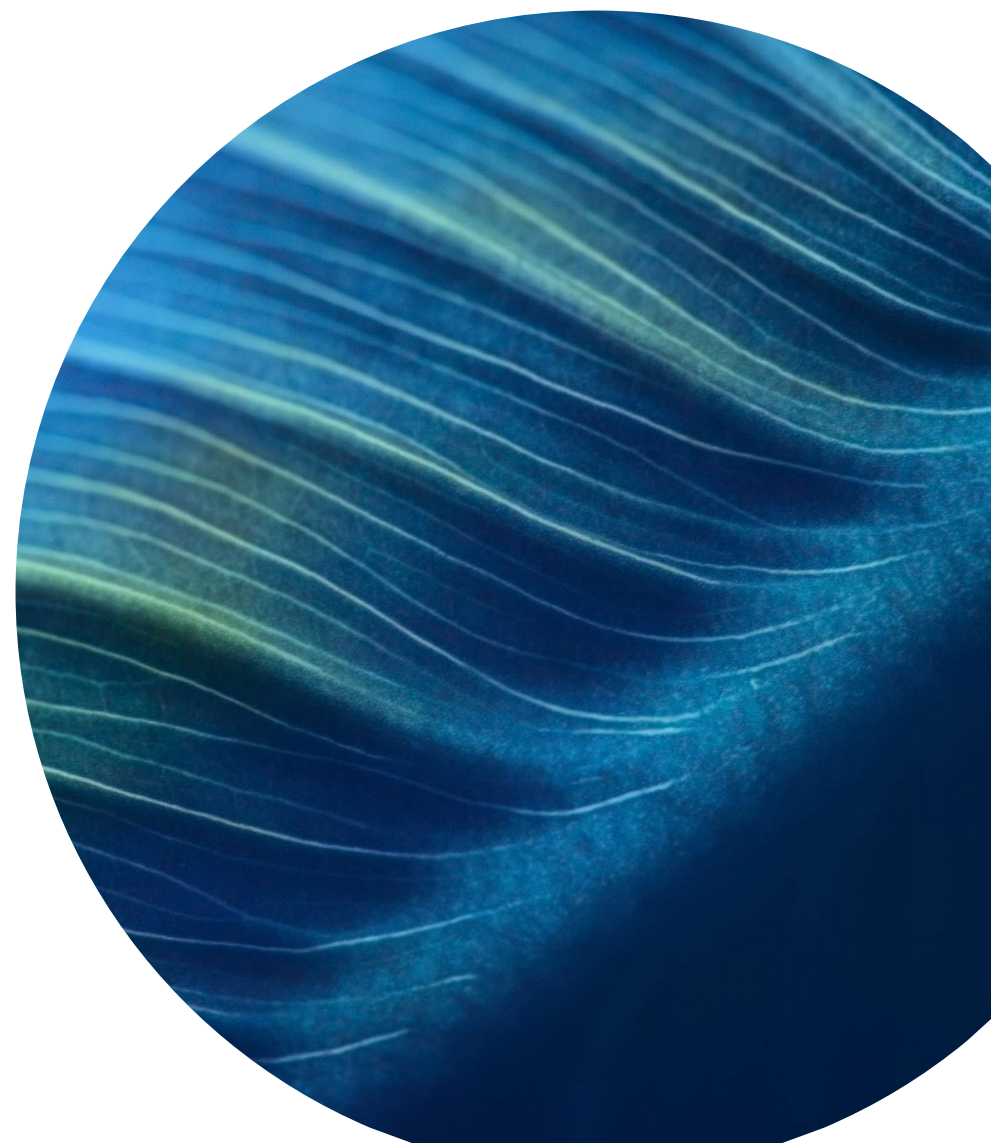
Hours of Service: 2,337



Total Budget: \$ 215,234



Cost per Session: \$92.00



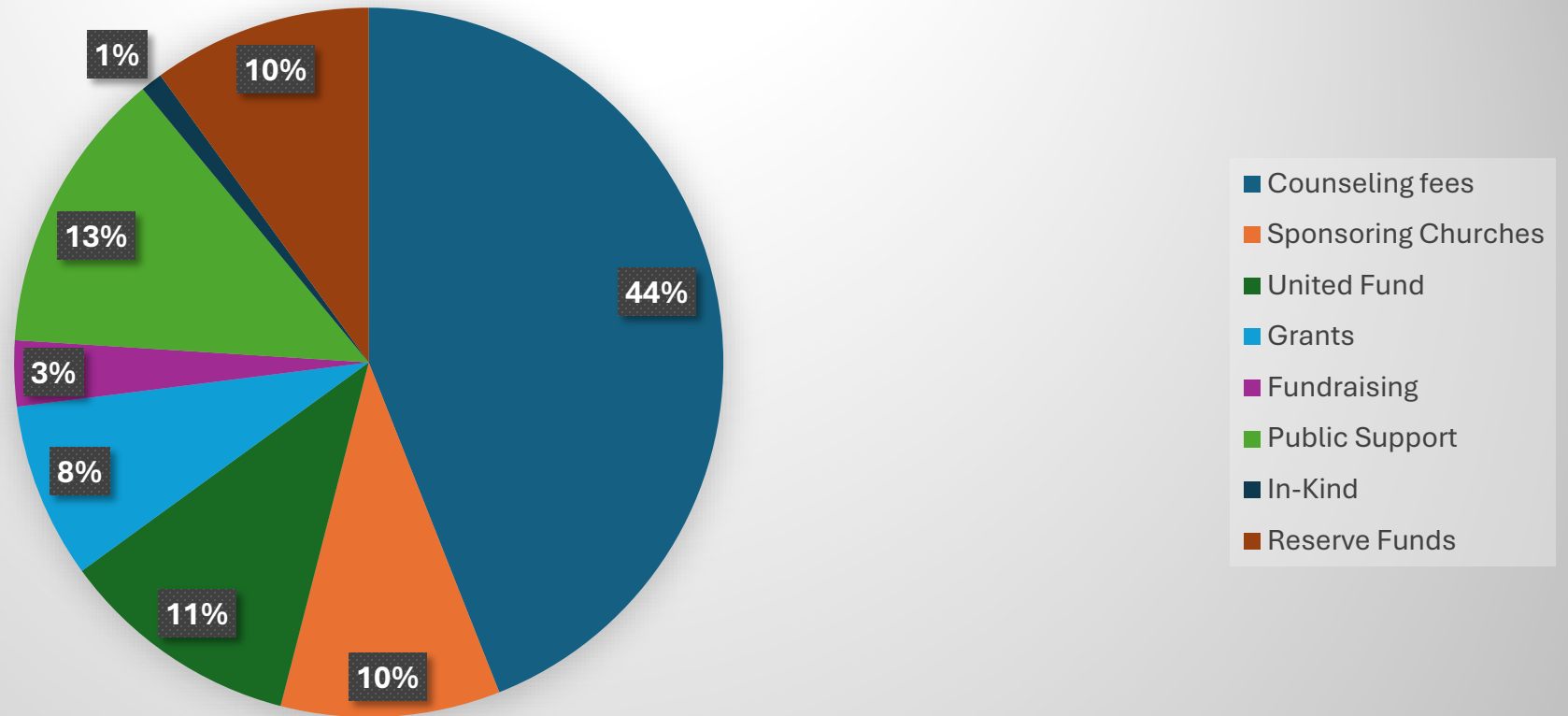


What Our Clients Struggle With

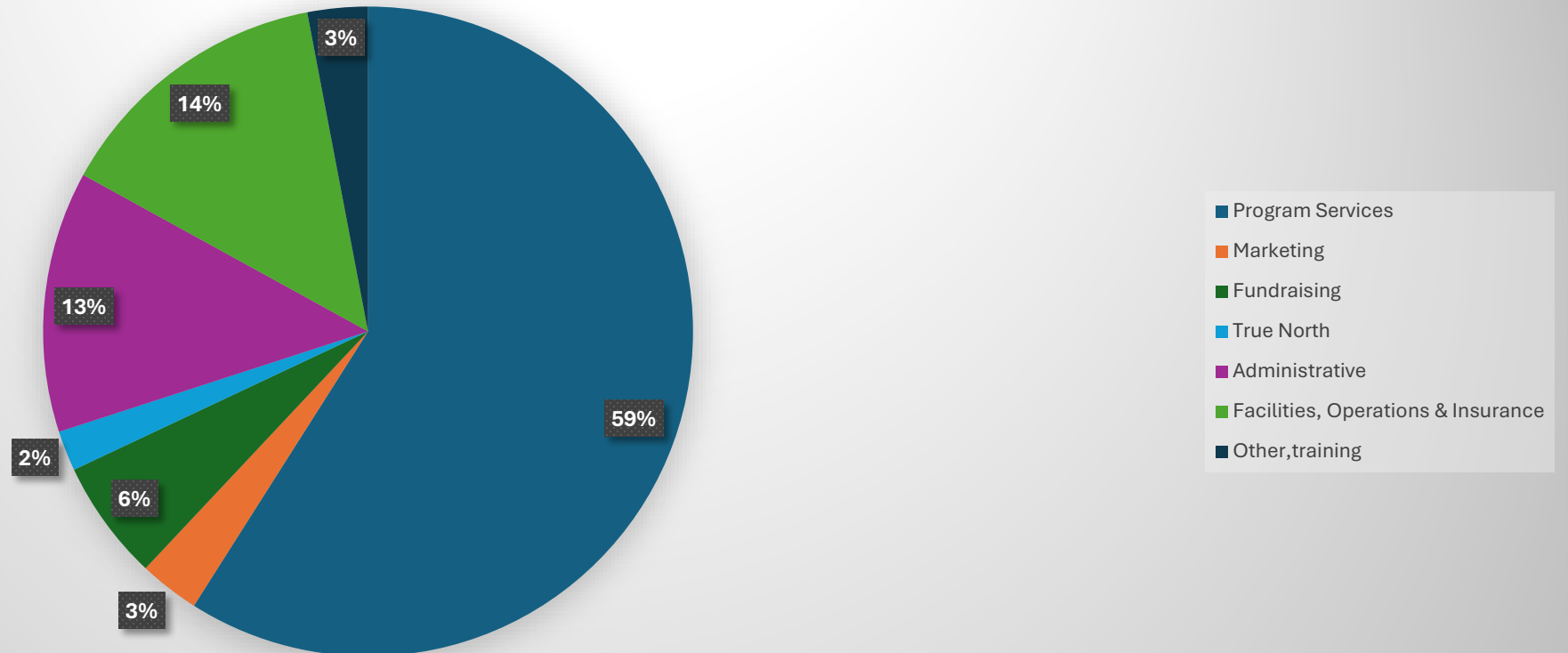
- Abuse: Physical, Sexual, Emotional or Spousal Abuse Victims
- Substance Abuse and Addiction
- Client's or Family Member's Anxiety Disorders: Generalized Anxiety, Obsessive Compulsive Disorder Social Anxiety, Separation Anxiety
- Post Traumatic Stress Disorder
- Behavioral Issues: Attention Deficit Hyperactivity, Anger Management
- Career and Educational Decisions Family Issues: Adoption, Affairs, Divorce and Stepfamily Adjustment, Family Conflict, Marital Distress, Parenting
- Life Stressors: Caregiving, Chronic Illness', Grief and Loss
- Coping with Change Mood Disorders: Depression, Bipolar Disorder, Suicidal Thoughts, Seasonal Affective Disorder, Post-Partum Depressions
- Personality Disorders.
- Self-Esteem
- Spiritual Issues

C5 Funding Sources 2024

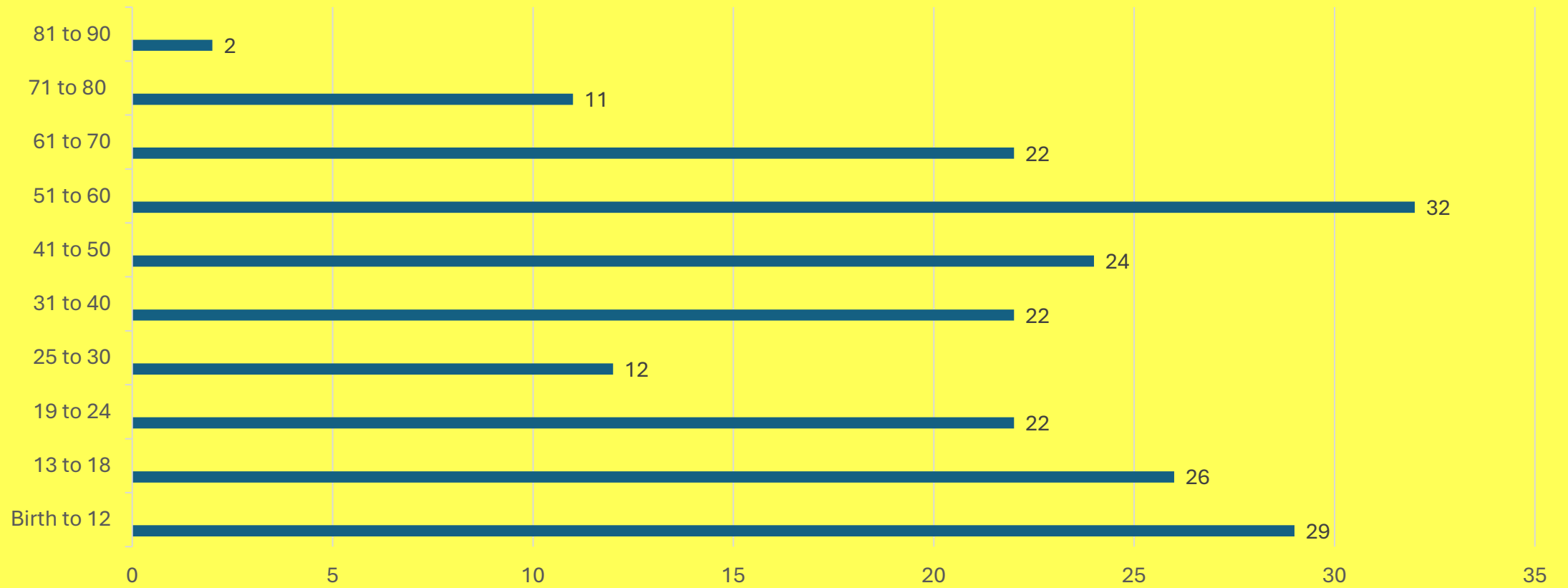
Actual Income: \$215,234



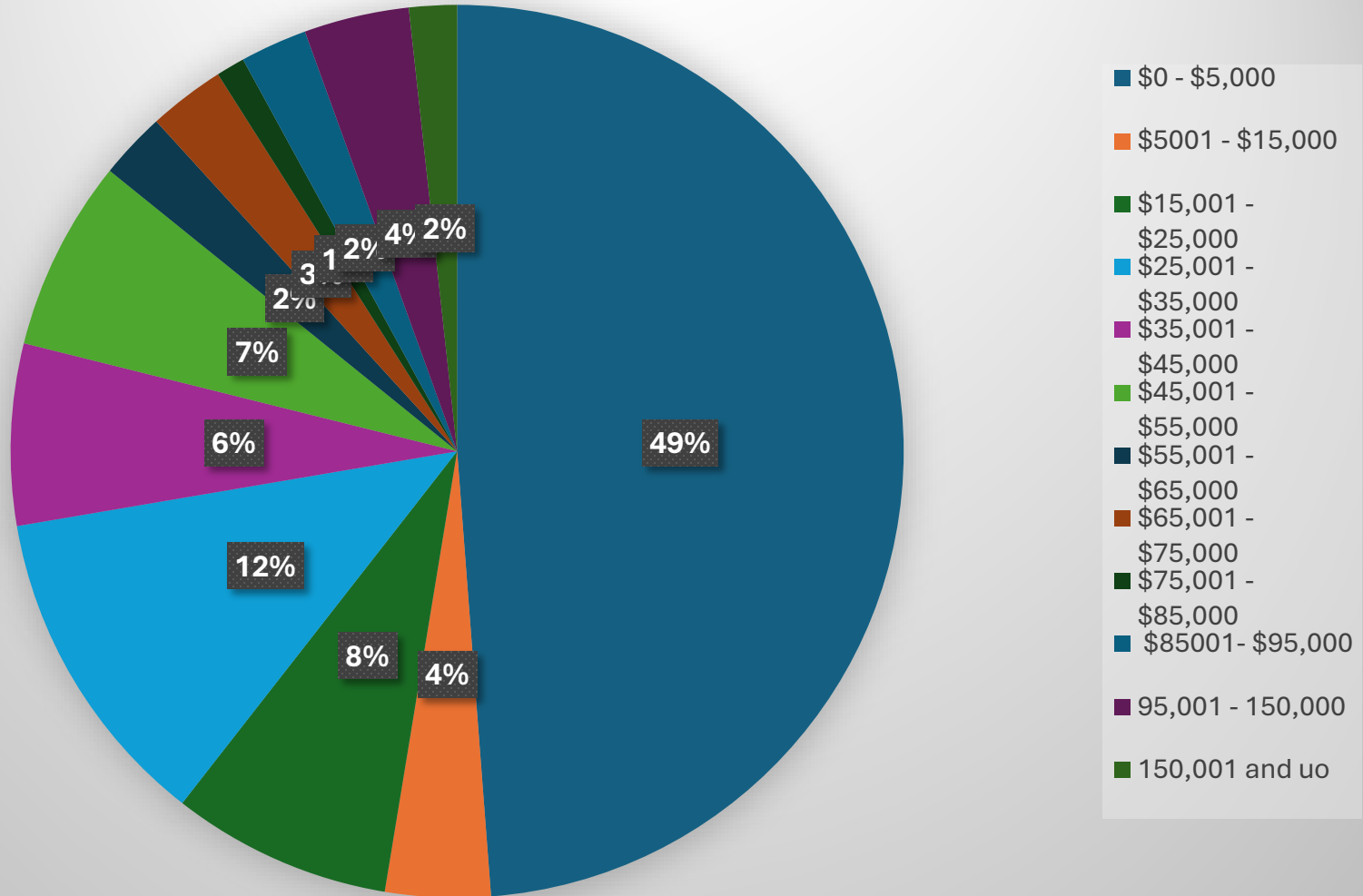
2024 – A WISE USE OF RESOURCES



2024 Reported Ages



2024 Client Income



Thank-you to our
Supporting
Churches and
Grant Funders

Grant Funders

- *United Fund*
- *Tennessee Arts Commission*
- *Volunteer Customers Share*
- *Project Hometown Help*
- *Fairfield Glade Ladies Club*

Supporting Churches

- *Christ Lutheran*
- *Fairfield Glade Community Church*
- *Fairfield Glade United Methodist*
- *Crossville United Methodist*
- *St. Francis of Assicci*
- *Westminister Presbyterian*
- *Cumberland Fellowship Baptist*
- *Revolution Church*