



C5 Christian Counseling Center of Cumberland County

Annual Report 2022



Statement from the President

- **My mouth is filled with Your praise and with Your glory all day long – Psalm 71:8**
- As the retiring President of the Board, I take pleasure in declaring that all praise and honor belongs to One who has made and continues to make all things possible.
- C5 had served 241 clients in 2021 with 6 counselors on staff and with the continued growth that C5 was experiencing, it was evident there was a need to procure a larger office space in 2022.
- Through many Board discussions and much prayer, as well as trusting God for His will and timing, He highlighted 352 Lantana Road, Crossville as our new location in March 2022. God knew exactly what was needed for C5 and He provided all the particulars necessary for clients as well as counselors. We are in awe at what the Lord has done and recognize it is His mighty hand that rests upon C5.
- C5 continues to serve children of all ages. We offer treatment for all mental concerns and seek to restore broken marriages and relationships. We offer help to the chronically ill as well as their caregivers and bring hope and comfort to those in grief. For those who have experienced any form of abuse or trauma, C5 offers a path of wholeness. It is quite liberating to know that with the many changes and challenges that our country faces today, C5 is committed to continuing to serve the community with professional and compassionate mental health and relational counseling.
- As C5 prepares for the future, we are emboldened by the lives we are changing and believe that everyone, regardless of income, deserves a chance to find hope and healing through counseling.
- I cannot thank God enough for C5 and the many “hearts and minds that were healed” through the counseling that C5 provides. **My mouth, oh Lord, is filled with Your praise**



Remarks from the Executive Director

* 2022 was a year of major change for C5 Christian Counseling Center. Starting the year with 6 Counselors serving more clients than ever out of 2 Counseling rooms at our wonderful space in the United Fund building, space was a major issue as our client numbers kept growing. After a lot of prayer and searching, God opened doors and space became available at 352 Lantana Road. We now have 6 offices, a Conference Room, Play-Room, Lobby and Storage! We moved into this space without a break in services. We are blessed as we have room to serve more clients!

- With growth, comes the need for funding to support the growth. When we counsel those in need without the ability to pay full price, we have to raise funds to cover the difference in costs. Once again, we saw provision as our Donors, Sponsor Churches and Grant Providers met the needs above and beyond expectation. We could not do this amazing ministry without the support of each donor!

- In 2022 we served 326 clients with 3832 hours of service provided. We are committed to continue to serve every-one in need with no one turned away to uphold the mission of C5, "healing hearts and minds" one person at a time! Thank – you for your on-going support!

2022 STATISTICS



2022 Clients Seen: 326



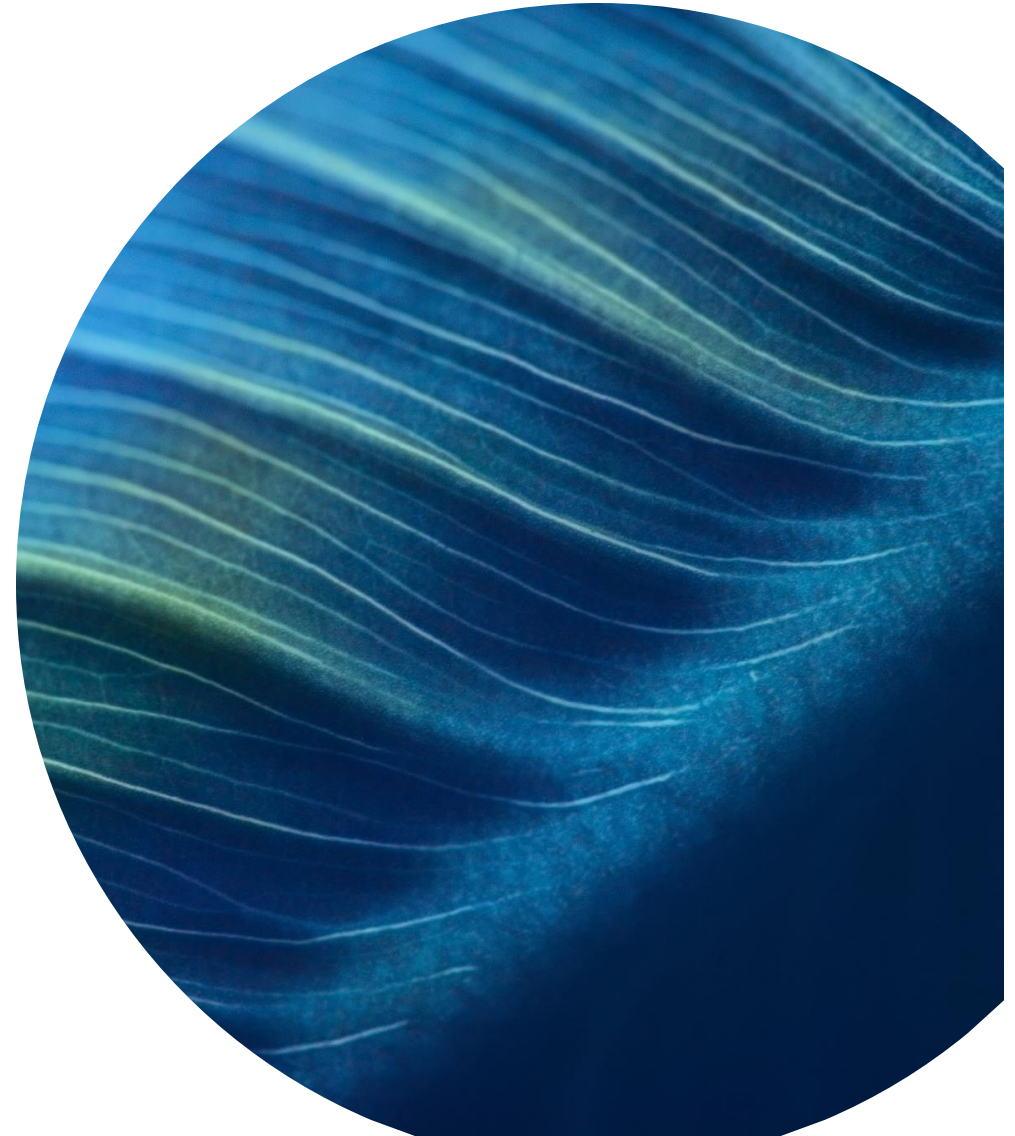
Hours of Service: 3832



Total Revenue: \$\$213,371



Cost per Session: \$55.68*

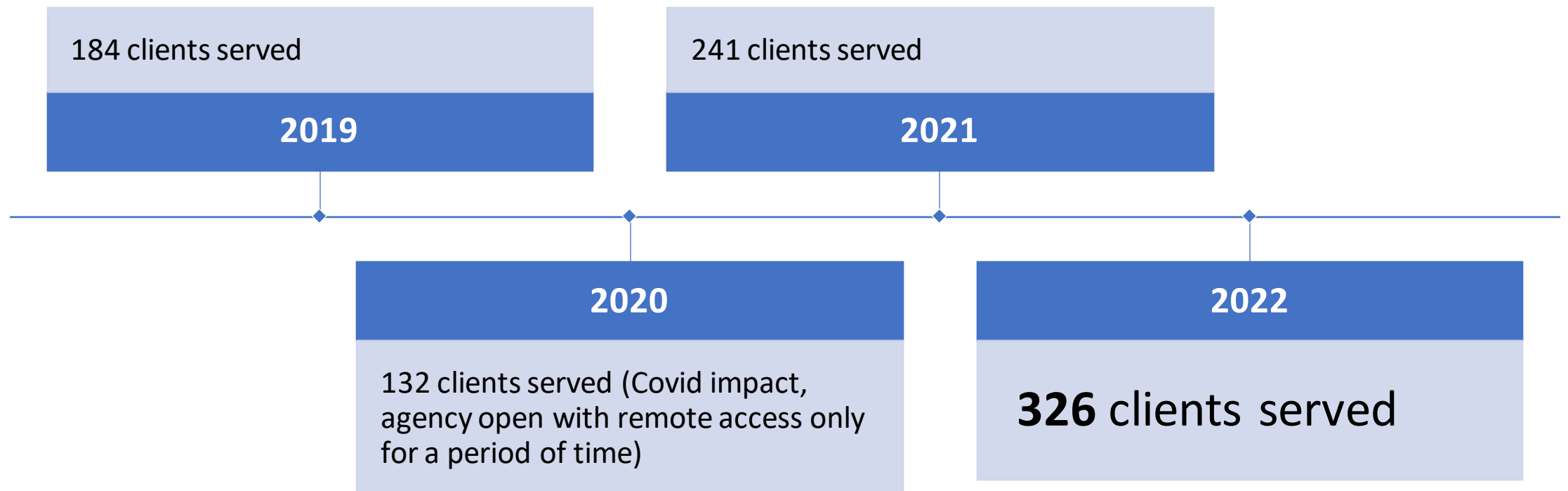




What Our Clients Struggle With

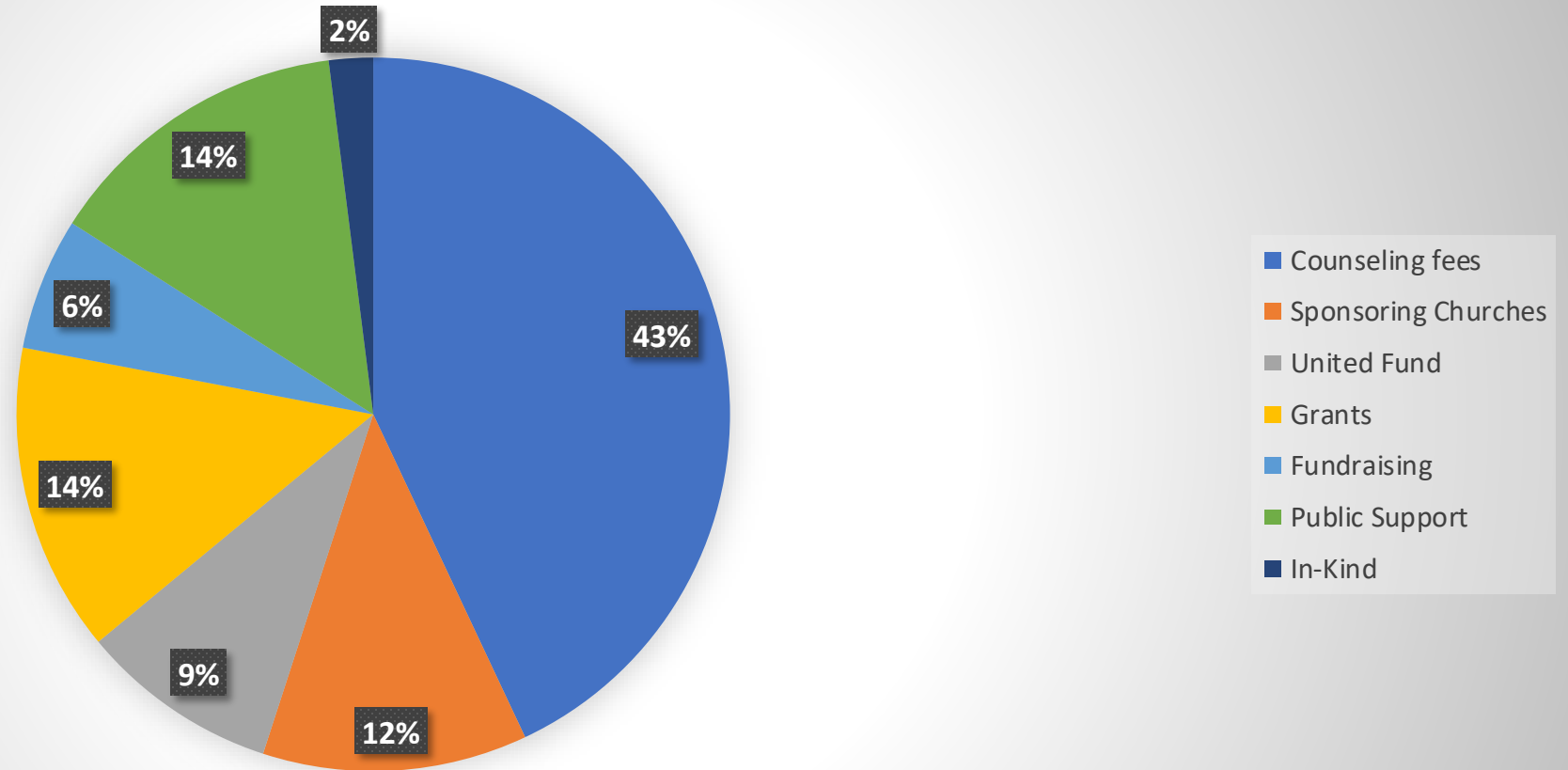
- Abuse: Physical, Sexual, Emotional or Spousal Abuse Victims
- Substance Abuse and Addiction
- Client's or Family Member's Anxiety Disorders: Generalized Anxiety, Obsessive Compulsive Disorder Social Anxiety, Separation Anxiety
- Post Traumatic Stress Disorder
- Behavioral Issues: Attention Deficit Hyperactivity, Anger Management
- Career and Educational Decisions Family Issues: Adoption, Affairs, Divorce and Stepfamily Adjustment, Family Conflict, Marital Distress, Parenting
- Life Stressors: Caregiving, Chronic Illness', Grief and Loss
- Coping with Change Mood Disorders: Depression, Bipolar Disorder, Suicidal Thoughts, Seasonal Affective Disorder, Post-Partum Depressions
- Personality Disorders.
- Self-Esteem
- Spiritual Issues

Growth across years, 2019 - 2022

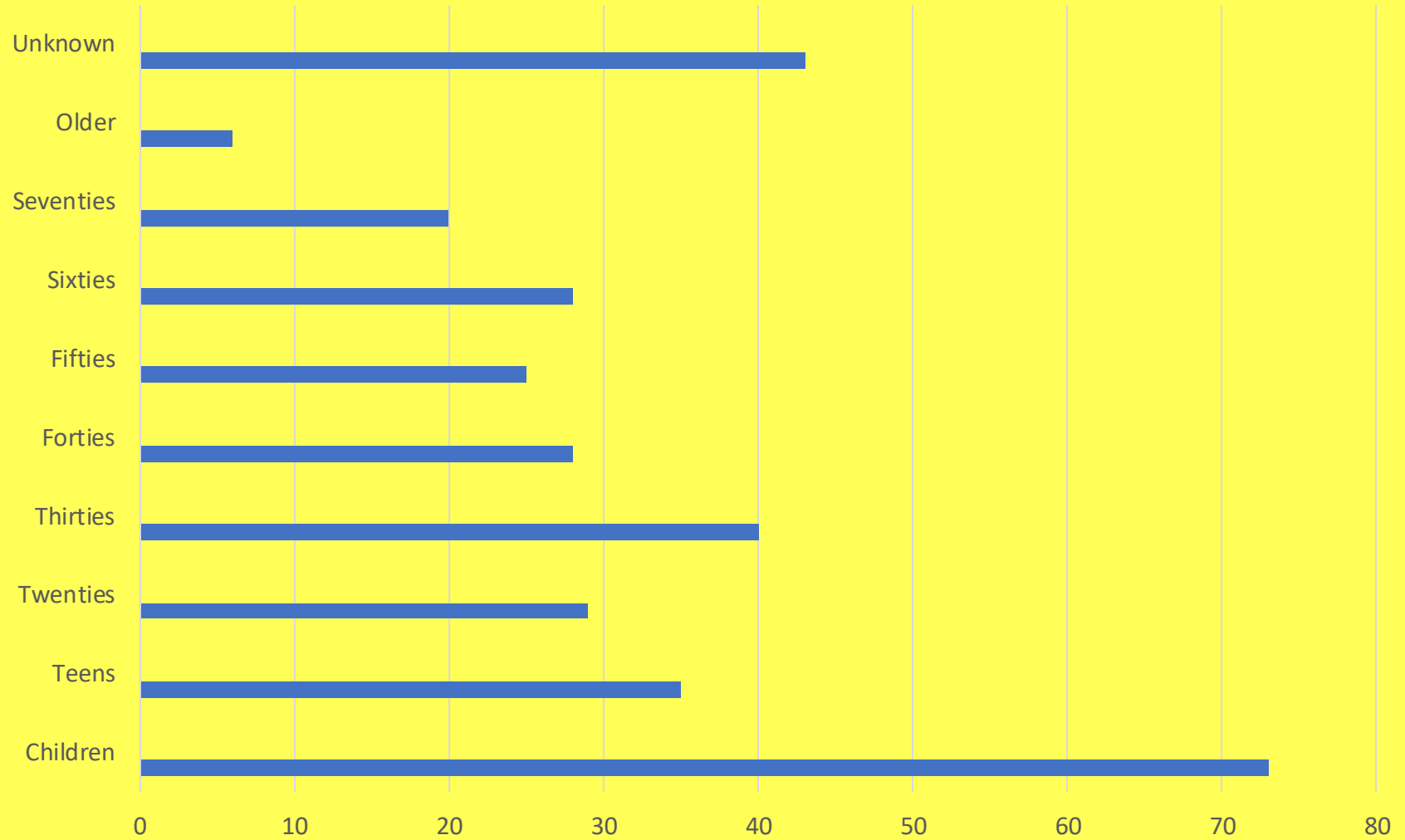


C5 Funding Sources 2023

Actual Income: \$213,371

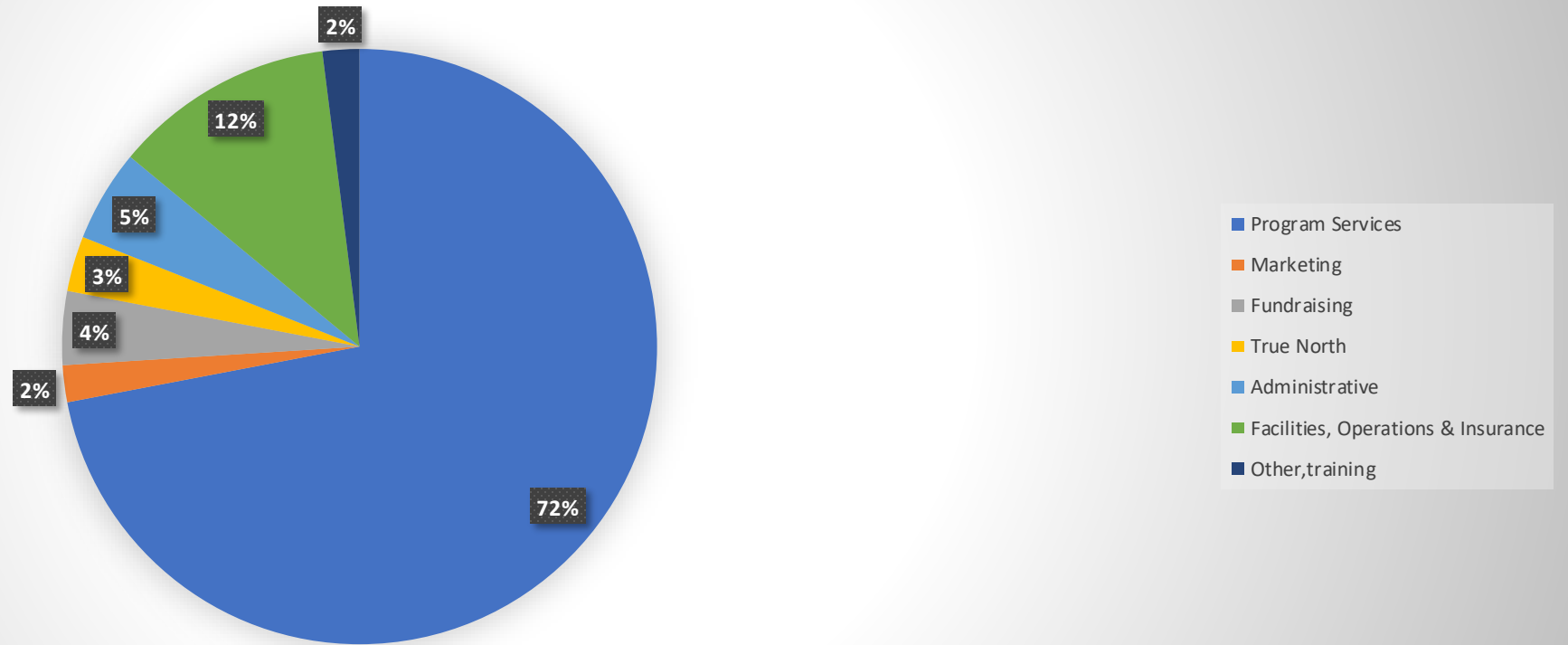


2022 Number of clients in each age group

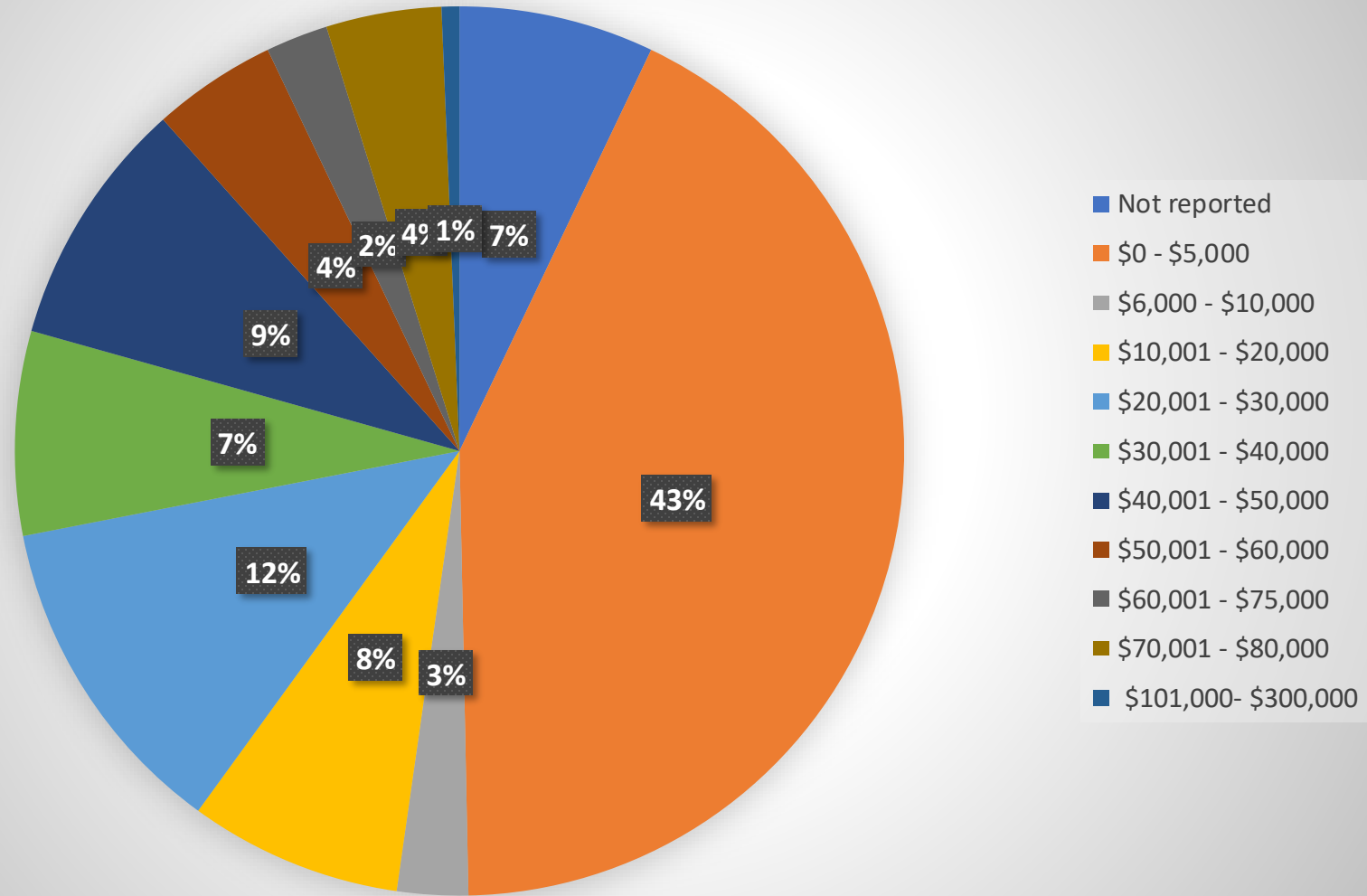


2022 – A WISE USE OF RESOURCES

2022 Expenditures



2022 Client Income



- Our new location: 352 Lantana Road!

