



C5 Christian Counseling Center of Cumberland County

Annual Report 2023

Remarks from the Executive Director

- 2023 was a year of operational change for C5 Christian Counseling Center of Cumberland County. After many Board level discussions and a lot of prayer and research, C5 began taking insurance. The agency is approved with Aetna, Blue Cross/Blue Shield, United Health Care and Optum. However, the billing process as well as the approval process proved difficult. Under the direction of the Clinical Director, C5 decided to move to a third-party biller, Headway, There is now a very successful process in place with Headway doing all insurance verification and billing for C5. The agency is moving toward a more positive budget including insurance billing, allowing C5 to continue the mission of “healing hearts and minds.” The ability to pay option is still offered for those without insurance.
- Private donors and Supporting Churches made the ministry to C5 possible this year. The Board of Directors and staff are grateful to the faithful donors and supporters!
- In 2023 C5 served 305 clients with 2448 active hours of service provided. Thank –you for your on-going support!



2023 STATISTICS



2023 Clients Seen: 305



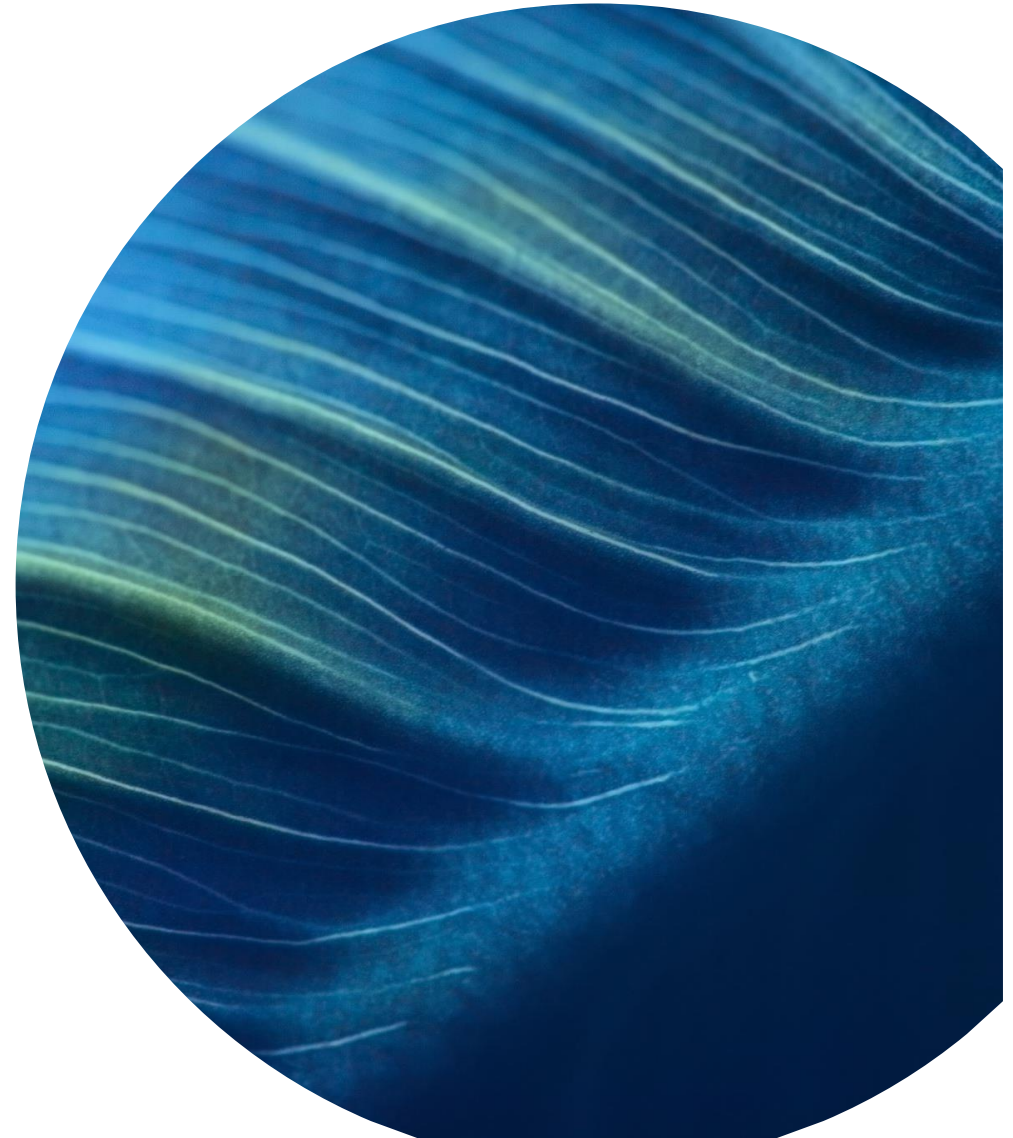
Hours of Service: 2448



Total Budget: \$ 189,386



Cost per Session: \$77.36

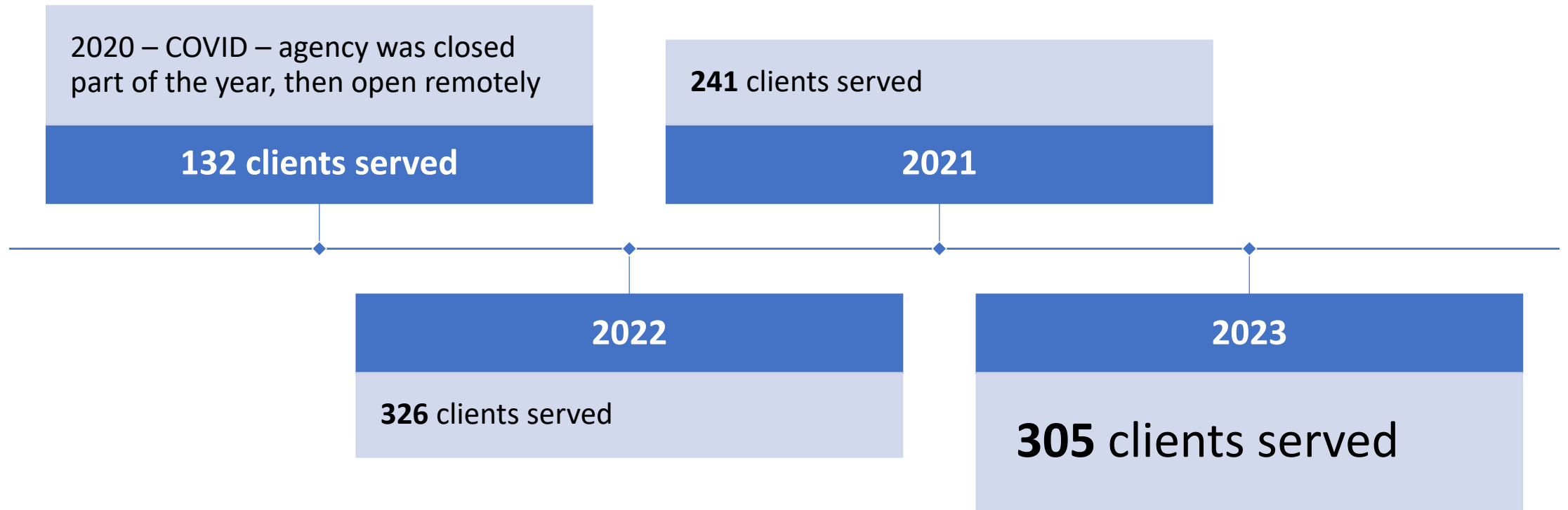




What Our Clients Struggle With

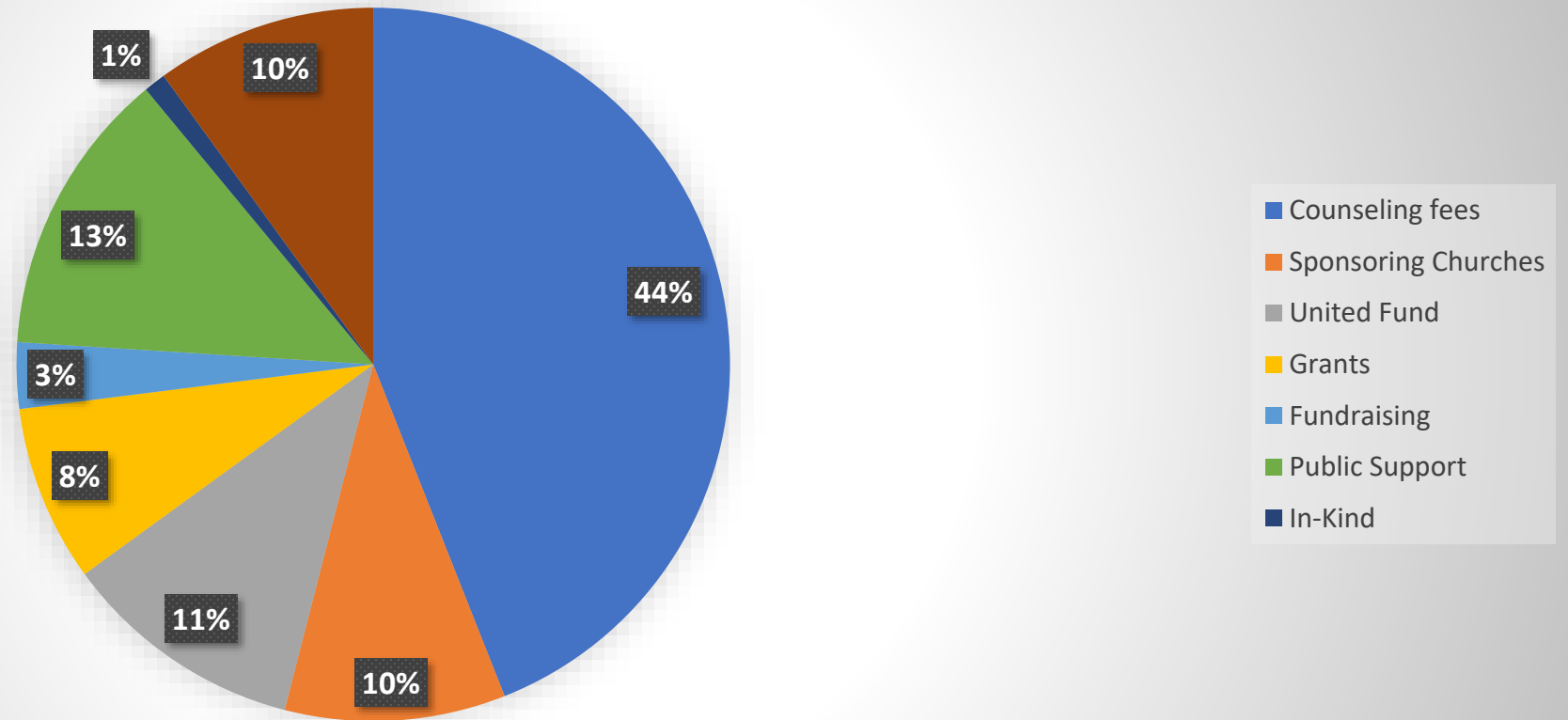
- Abuse: Physical, Sexual, Emotional or Spousal Abuse Victims
- Substance Abuse and Addiction
- Client's or Family Member's Anxiety Disorders: Generalized Anxiety, Obsessive Compulsive Disorder Social Anxiety, Separation Anxiety
- Post Traumatic Stress Disorder
- Behavioral Issues: Attention Deficit Hyperactivity, Anger Management
- Career and Educational Decisions Family Issues: Adoption, Affairs, Divorce and Stepfamily Adjustment, Family Conflict, Marital Distress, Parenting
- Life Stressors: Caregiving, Chronic Illness', Grief and Loss
- Coping with Change Mood Disorders: Depression, Bipolar Disorder, Suicidal Thoughts, Seasonal Affective Disorder, Post-Partum Depressions
- Personality Disorders.
- Self-Esteem
- Spiritual Issues

Growth across years, 2020 - 2022

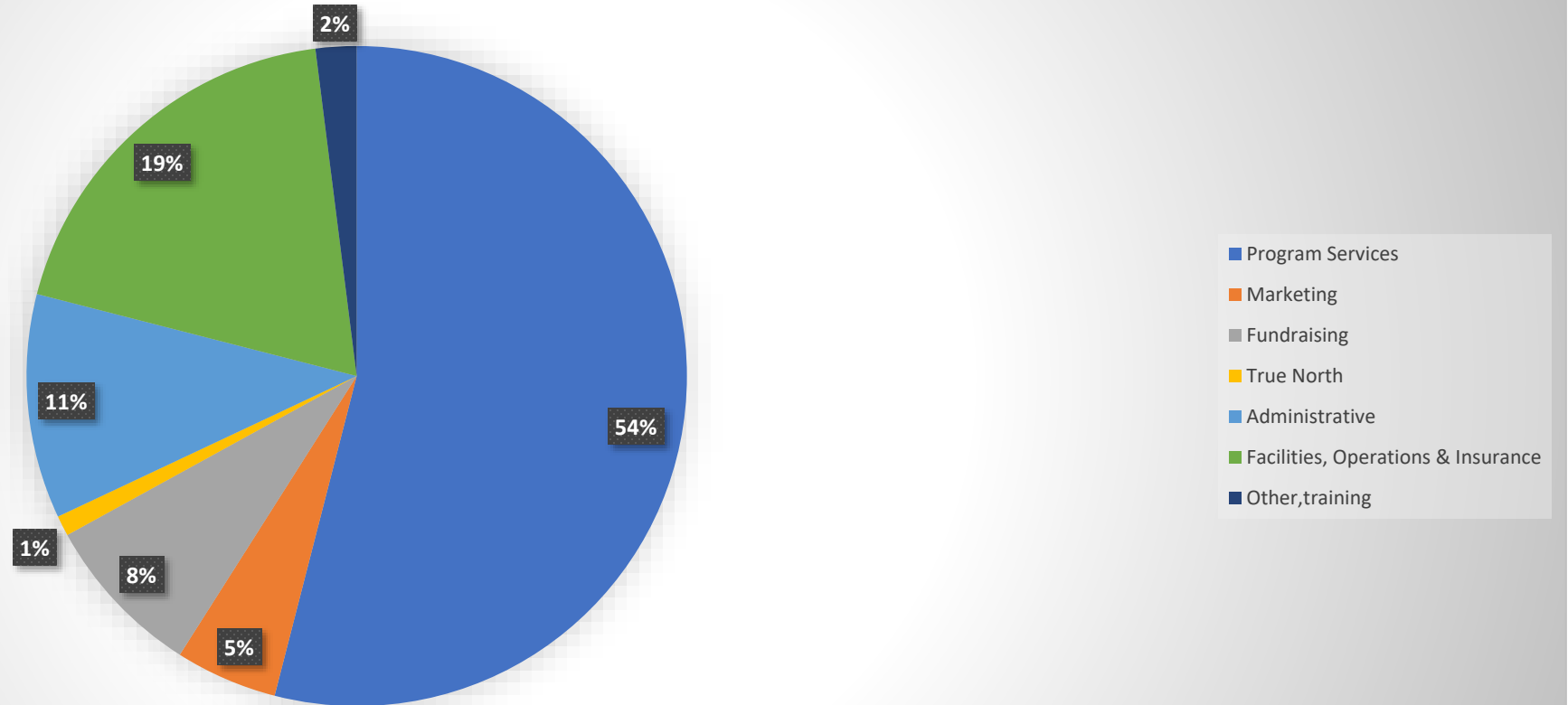


C5 Funding Sources 2023

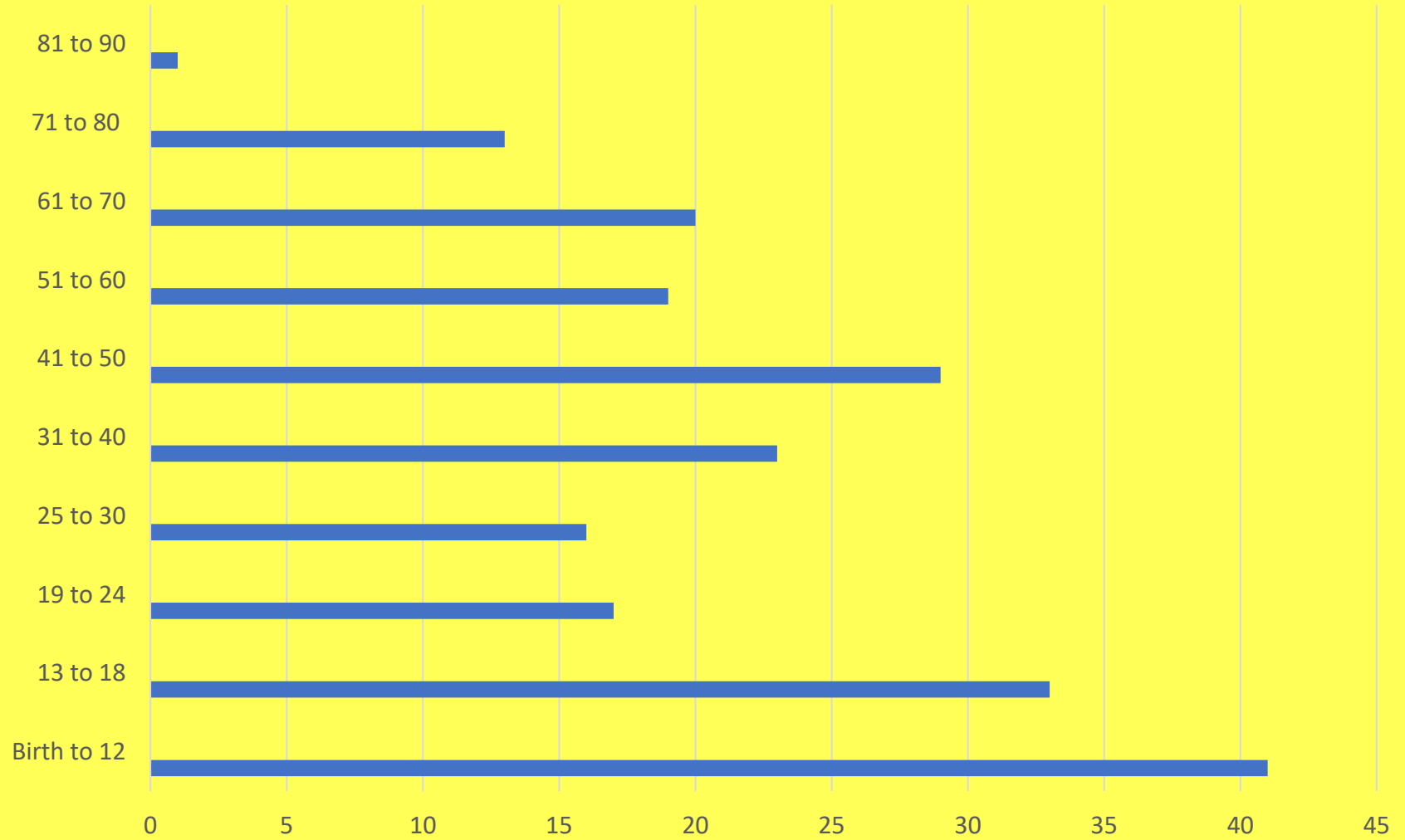
Actual Income: \$189,386



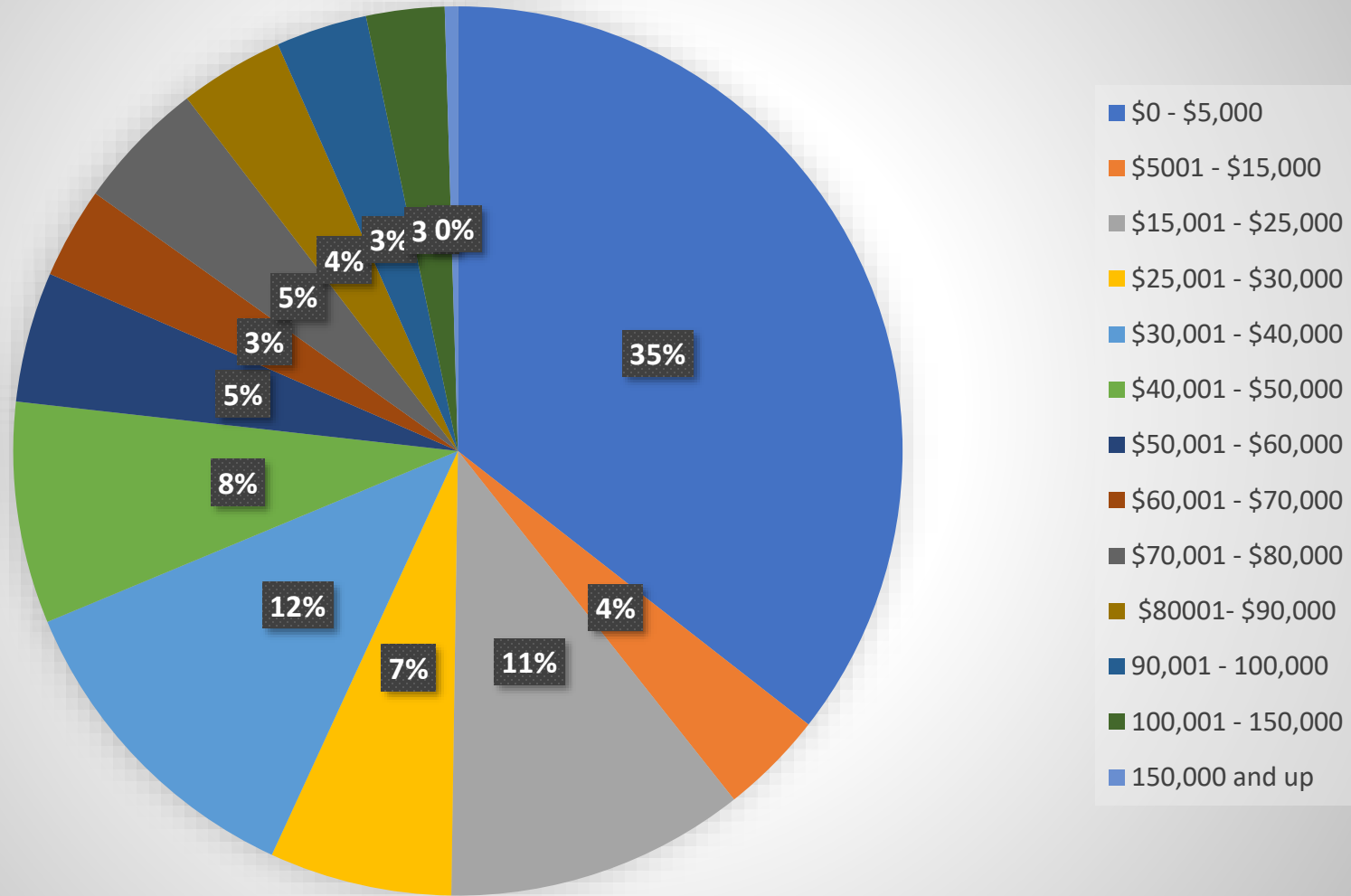
2023 – A WISE USE OF RESOURCES



2023 Number of clients in each age group



2023 Client Income



- Our new location: 352 Lantana Road!

